



Academy of Life and Leadership Taekwondo

WWW.FAMILY-TAEKWONDO.COM

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Several Locations: 1710 Briargate Blvd Suite 749, 80920

New Life Church High Country Homeschool Program

"The Academy for Today's Families and Tomorrow's Leaders"

Announcements

January 2018

Lt Blue

Welcome Back and Happy New Year 2018!

Annual Brainstorming Meeting – January 4th

Everyone is invited to our Annual Brainstorming Meeting on January 4th at 6 pm sharp. If you would like to help us with what went well this year and what we can do better for next year, we need you at this meeting. Our students input helps our school get better every year. If you can make this meeting, please let us we need to know how many will be attending for seating purposes. Adults or any Black Belts are welcome. Please email familytaekwondo@gmail.com to let us know you would like to attend.

Friends & Family Street Clothes Self Defense Week

January 16th-20th

Share some of what you are learning about self-defense with your friends and help contribute to a safer, and peaceful society by bringing your friends to Buddy Week!

What to wear: Wear your street clothes, but please wear an A.L.L. TKD shirt. Helpers must wear their uniform or polo to assist in classes.

Pick up a Buddy Week Pass from your instructor or the front desk and invite your friends to train with you all week with no obligations. If they like it and decide to join, you get \$50-\$100 dojang dollars that you can use toward needed equipment, camps, testing, seminars, kid's nights, etc.

There's Been a Murder!

But who did it? How did they do it? Where did the murder take place? To find out you'll have to come to our Clue Murder Mystery night, January 13th from 6-9pm at the Main location. Save the date and watch for more "Clue's" to come. Theme is 1950's-1960's. Cost \$35 and includes free child care and a \$5 punch card. For ages 17 and over. Contact Pan Resner for more information. pamaluv@gmail.com

White & White SR. Testing Feb 15th

All our White and White Sr's, your testing sign-up sheet and papers will be on the front desk February 1st and will be due February 8th. The test is scheduled Feb 15th during the 5:45 class.

Congratulations to All Who Tested in December!

Great job everyone on your testing in December! We are now in Section A of our curriculum. Be sure to look at the leadership/curriculum papers to see what your new curriculum and leadership activities are for this quarter. If you have any questions regarding your leadership card or curriculum sheet, please ask a higher belt.

Parents: We will be going over both after each class. Please be present if you can so that you can assist your kids. Thank you.

Advancement Camp

(Black Belt Club Members Only)

Step up the training with a three-day challenging camp and earn all your strips and next belt, limited spots available (10) for all belts to get that next step up provided you are dedicated and focused. Give Mr. Jim a paragraph telling Master Kunkel why you should be chosen over someone else and why you want to go to this very special camp. Sign up early for this special camp.

Where: Main Dojang When: Jan 1st-3rd Time 5 to 8 pm

Cost: \$349 for a week of training!

ALL TKD App:

If you have not done so, please sign up for our app. It will make it easier for us to contact you if we must close due to weather, or send out a reminder on testing times or cool activities. You can find it in your app store, search ALL TKD. If you have questions, please see Mr. Jim.

Gymnastics/Acrobatics Seminar Jan 6th

What they would learn: Flexibility, Tricks to help routines, how to achieve higher kicks, aerials tucks, pitch backs, coordination, stunts, strength and conditioning.

Time: 12- 1:30 pm Beginners 1:30- 3:00 pm Intermediate/Advanced 3:00 pm to 4 pm Advanced by invitation only (Free to those who help) Or I can do a small class for adults if there is a need or desire for it

Cost: \$30 first child, \$25 second, \$20 third and each additional Limit 20 per class

Please Visit our Website and Facebook Page

Would you like to stay up on current events that are happening at the dojang? Just log on to web site at www.family-taekwondo.com or our Facebook page "I Love Taekwondo" to stay up-to-date on all the dojang happenings, events, and volunteer opportunities! Also, there are useful things in the member section of the web site so make sure to get the user name and password. **That is also where you will find your calendars for your leadership cards**, so be sure to check it out! We also have a private closed Facebook page, "ALL TKD Families", where we post more personal information.

Snow Closures & Revised Snow Schedules

When there is extreme weather we will use the following to notify you of the status of closures. Morning and Afternoon/Evening Classes are different because often the weather is bad in the morning, but by afternoon, everything is clear.

- **Morning classes:** follow D-20's closure schedule, (if D-20 closes, so do our morning classes. If D-20 is delayed, our morning classes run as normal.)
- **Evening Classes:** Decisions will be made after 2:00 pm. If the roads are dangerous, we will close for the safety of our instructors and students. Please check your email, Facebook or the App after 2:00 pm, or watch the TV scrolls for changes. If we are closed, we will also send a dojang wide email and inform our answering service. If the answering service does not know, then that indicates we are open.
- **Revised Schedule:** Most times the dojang will be open; however, if it is ok during the day, but due to the cold it gets icy in the later evening, we may close early – usually at 6:30 pm. If your class is after that, please plan on attending an earlier class where the weather is a bit warmer or plan on attending the next day.

It's Party Time!!

Are you wanting to do something fun and unique for your birthday party? Have your birthday party at A.L.L. TKD!! We call it our hassle free birthday party. Kids will have a blast playing games and cut the cake with a sword! Parents, you will get the freedom to really enjoy the party. You can focus on taking pictures, interacting in some of the games, and help your child have more fun by your participation. You can visit with your friends and even have them to join you if you wish for some fun, free taekwondo. Ask us how to get a special discount for your birthday party as well. Contact the Front Desk for more information!

Word of the Month

Our January "word of the month," is LOYALTY. According to the dictionary, loyalty is the quality of being loyal to someone or something - a strong feeling of support or allegiance. As kids, you can show loyalty to your friends by supporting them and being there for them when they need you. You can show loyalty to your friends and family by the things you say to and about them when they are with you, and when they are not. You can also show loyalty to your teammates by cheering them on and encouraging them at taekwondo. Can you think of other ways to show loyalty? We'd love to hear how **you** are showing loyalty at home, school, work, or in life this month! Share it with us during mat chats!

SCHEDULE OF EVENTS

January

Jan 1	Happy New Year
Jan 1-3	Advancement Camp 5-8 pm
Jan 4	Instructor Meeting @ 3pm
Jan 4	Brainstorming Meeting @ 6pm Sharp
Jan 6	Welcome Back! Classes Open
Jan 6	Seminar Gymnastic 12-4 pm
Jan 8	Comp Team Starts (6:30-8:30pm Elite location)
Jan 13	Murder Mystery (6pm)
Jan 15	Martin Luther King Jr Day-Closed No Classes
Jan 16-20	Friends and Family Self Defense Week
Jan 19	Club Team Starts (6-8pm Elite location)
Jan 20	TT/LD Party 1-3pm
Jan 24	Info Due for Newsletter
Jan 26	Ladies Night Out
Jan 27	White/White Sr. Party

February

Feb 10	Beginners Party
Feb 10	Intermediate Party
Feb 12-17	Valentine Family & Friends Street Clothes Self Defense Week
Feb 14	Valentine's Day
Feb 15	White/White Sr. Belt Test (5:45 pm)
Feb 17	Parents Night Out
Feb 19	Presidents' Day – No Classes
Feb 24	Info Due for Newsletter

If there are any other events you would like to see in the newsletter contact Front Desk for more information.